



WFS New Life Program Acceptance Statements



- 1. I have a life-threatening problem that once had me.**
I now take charge of my life and my well-being. I accept the responsibility.
- 2. Negative thoughts destroy only myself.**
My first conscious sober act is to reduce negativity in my life.
- 3. Happiness is a habit I am developing.**
Happiness is created, not waited for.
- 4. Problems bother me only to the degree I permit.**
I now better understand my problems. I do not permit problems to overwhelm me.
- 5. I am what I think.**
I am a capable, competent, caring, compassionate woman.
- 6. Life can be ordinary or it can be great.**
Greatness is mine by a conscious effort.
- 7. Love can change the course of my world.**
Caring is all-important.
- 8. The fundamental object of life is emotional and spiritual growth.**
Daily I put my life into a proper order, knowing which are the priorities.
- 9. The past is gone forever.**
No longer am I victimized by the past. I am a new woman.
- 10. All love given returns.**
I am learning to know that I am loved.
- 11. Enthusiasm is my daily exercise.**
I treasure the moments of my New Life.
- 12. I am a competent woman, and I have much to give life.**
This is what I am, and I shall know it always.
- 13. I am responsible for myself and for my actions.**
I am in charge of my mind, my thoughts, and my life.